

**Aphasia Café
Newsletter
October 2022**



aphasia
nova scotia



Truro Farmer's Market, Truro, Nova Scotia

Table of Contents

Aphasia Café Updates.....	2
Future Aphasia Café Information.....	3
5 Pieces of GOOD News.....	4
Sudoku Puzzle.....	6
Sudoku Puzzle Answer.....	7
Thanksgiving Trivia.....	8
Thanksgiving Trivia Answers.....	9
October Word Search.....	10
October Word Search List.....	11
October Word Search Answers.....	12
Pigs-in-a-Blanket recipe.....	13

September Aphasia Café Updates

September Online Aphasia Café

There was an **online Aphasia Café** on **September 21st**. We had **8 people** attend. They talked about:

- Hobbies



- Pets



There was lots of good discussion and laughs



September Annapolis Valley Aphasia Café Events

Annapolis Valley Aphasia Café will be held in October due to Hurricane Fiona. Please reach out to Mike for more details.

Future Aphasia Café Information

There will be a **Virtual Aphasia Café** on **October 19th**.

The **Zoom information** is included below:

Link: <https://us02web.zoom.us/j/83074578393>



Please reach out to **Mike** for information on the **October/November Annapolis Valley Aphasia Café**. The possible location is Reid & Bonnie's cottage



There will continue to be **no in-person events in Halifax, Dartmouth, Antigonish, Sydney** at this time.



Five Pieces of GOOD NEWS From September

1. South Africa revoked Shell's right to explore for underwater oil and gas reserves. The exploration would have involved deafening and deadly underwater explosives.

2. Caribou numbers are finally increasing in British Columbia. This is due to Indigenous-led efforts in the Saulteau First Nation and West

Moberly First Nations



3. A 3-year-old in England was given 6-12 months to live after finding a rhabdoid tumor on his collarbone. After 1.5 years, he is now cancer free

4. Sea turtles had their best nesting season ever in Florida. On the Southwest beaches, there was over 2000 nests. Each turtle nest can contain up to 150 eggs. Many volunteers help to ensure the hatched

turtles can safely make it to the water



5. The world's largest shipping container company is rerouting the entire fleet to help avoid collisions with blue whales. The Mediterranean Shipping Company (MSC) will now steer southward to avoid the waters around Sri Lanka. This is thanks to researchers from the International Fund for Animal Welfare (IFAW), World Trade Institute (WTI), Biosphere Foundation, University of Ruhuna (Sri Lanka), and World Wildlife Fund (WWF)



Sudoku Puzzle

	9	3	1		5	6	4	
7								5
5		1	2		9	3		7
2								3
	3	6	9		7	5	2	
9								1
3		2	4		8	1		9
6								4
	4	7	3		2	8	5	

Sudoku Puzzle Answer

8	9	3	1	7	5	6	4	2
7	2	4	8	3	6	9	1	5
5	6	1	2	4	9	3	8	7
2	1	5	6	8	4	7	9	3
4	3	6	9	1	7	5	2	8
9	7	8	5	2	3	4	6	1
3	5	2	4	6	8	1	7	9
6	8	9	7	5	1	2	3	4
1	4	7	3	9	2	8	5	6

Thanksgiving Trivia

- 1. How many calories are typically consumed by a person at Thanksgiving dinner?**
 - a. 1000
 - b. 4500
 - c. 6000
 - d. 10,500

- 2. Who was the first President to pardon a turkey?**
 - a. Franklin Delano Roosevelt
 - b. James Madison
 - c. George H.W. Bush
 - d. John F. Kennedy

- 3. Why is Canadian Thanksgiving earlier than American Thanksgiving?**
 - a. Canadians like turkey more
 - b. Canadian harvest season is earlier
 - c. Canadian turkeys get impatient
 - d. Canadians are better than Americans

- 4. How many years has Canada celebrated Thanksgiving?**
 - a. 103
 - b. 123
 - c. 143
 - d. 153

- 5. Why was Thanksgiving started?**
 - a. To give thanks for the blessing of harvest
 - b. To give hugs to family and friends
 - c. To eat lots of desserts
 - d. To eat lots of turkey

Thanksgiving Trivia Answers

1. **How many calories are typically consumed by a person at Thanksgiving dinner?**
 - a. 1000
 - b. 4500**
 - c. 6000
 - d. 10,500

2. **Who was the first President to pardon a turkey?**
 - a. Franklin Delano Roosevelt
 - b. James Madison
 - c. George H.W. Bush
 - d. John F. Kennedy**

3. **Why is Canadian Thanksgiving earlier than American Thanksgiving?**
 - a. Canadians like turkey more
 - b. Canadian harvest season is earlier**
 - c. Canadian turkeys get impatient
 - d. Canadians are better than Americans

4. **How many years has Canada celebrated Thanksgiving?**
 - a. 103
 - b. 123
 - c. 143**
 - d. 153

5. **Why was Thanksgiving started?**
 - a. To give thanks for the blessing of harvest**
 - b. To give hugs to family and friends
 - c. To eat lots of desserts
 - d. To eat lots of turkey

October Word Search

K	F	F	K	R	G	A	T	H	E	R	R	L	O	N	I	T	V	M	G
J	B	P	E	Y	F	S	U	P	R	S	L	L	A	F	P	G	R	C	P
W	H	C	E	H	U	X	J	U	T	U	R	K	E	Y	I	F	N	U	L
C	M	I	Q	Q	L	C	D	O	J	B	J	S	O	V	M	A	E	K	B
R	D	J	L	L	T	J	N	M	S	N	E	K	A	N	I	L	E	U	A
H	B	Z	V	X	M	I	M	H	F	F	N	Y	I	P	N	V	W	L	S
A	F	Z	I	N	N	C	D	A	T	I	S	I	B	F	L	R	O	D	S
U	B	Y	G	Y	X	N	W	O	S	E	V	A	E	L	U	H	L	I	T
F	U	Z	N	S	W	E	A	T	E	R	U	P	Q	Y	Z	T	L	H	N
N	X	O	M	R	D	W	O	H	W	I	K	X	X	P	J	L	A	N	C
W	B	C	C	R	U	W	P	J	T	V	V	T	M	N	D	N	H	M	F
M	B	M	X	P	E	N	U	U	L	T	B	Q	S	P	K	B	L	O	I
F	A	T	W	H	P	U	Y	L	M	R	X	M	X	S	K	D	H	C	Y
S	U	P	C	T	O	W	Q	A	J	P	R	R	G	K	R	N	U	N	X
P	T	M	I	D	K	D	Y	Q	P	Q	K	I	H	W	X	J	H	D	Z
R	U	D	L	R	M	L	Q	J	H	K	V	I	B	M	N	R	R	T	H
B	M	Y	V	V	I	J	B	D	Z	I	Q	X	N	D	W	V	H	S	M
P	N	K	N	M	Q	Q	E	Z	N	A	M	J	Z	Q	R	X	C	K	E
Z	I	Y	A	B	N	H	L	G	T	K	X	H	J	A	P	P	L	E	U
E	L	F	Q	B	H	B	V	U	P	H	J	G	J	P	G	R	D	K	F

October Word Search List

Apple



Autumn

Cozy



Fall

Family

Gather



Halloween

Leaves

Pumpkin



Sweater

Thanksgiving

Turkey



October Word Search Answers

K	F	F	K	R	G	A	T	H	E	R	R	L	O	N	I	T	V	M	G
J	B	P	E	Y	F	S	U	P	R	S	L	L	A	F	P	G	R	C	P
W	H	C	E	H	U	X	J	U	T	U	R	K	E	Y	I	F	N	U	L
C	M	I	Q	Q	L	C	D	O	J	B	J	S	O	V	M	A	E	K	B
R	D	J	L	L	T	J	N	M	S	N	E	K	A	N	I	L	E	U	A
H	B	Z	V	X	M	I	M	H	F	F	N	Y	I	P	N	V	W	L	S
A	F	Z	I	N	N	C	D	A	T	I	S	I	B	F	L	R	O	D	S
U	B	Y	G	Y	X	N	W	O	S	E	V	A	E	L	U	H	L	I	T
F	U	Z	N	S	W	E	A	T	E	R	U	P	Q	Y	Z	T	L	H	N
N	X	O	M	R	D	W	O	H	W	I	K	X	X	P	J	L	A	N	C
W	B	C	C	R	U	W	P	J	T	V	V	T	M	N	D	N	H	M	F
M	B	M	X	P	E	N	U	U	L	T	B	Q	S	P	K	B	L	O	I
F	A	T	W	H	P	U	Y	L	M	R	X	M	X	S	K	D	H	C	Y
S	U	P	C	T	O	W	Q	A	J	P	R	R	G	K	R	N	U	N	X
P	T	M	I	D	K	D	Y	Q	P	Q	K	I	H	W	X	J	H	D	Z
R	U	D	L	R	M	L	Q	J	H	K	V	I	B	M	N	R	R	T	H
B	M	Y	V	V	I	J	B	D	Z	I	Q	X	N	D	W	V	H	S	M
P	N	K	N	M	Q	Q	E	Z	N	A	M	J	Z	Q	R	X	C	K	E
Z	I	Y	A	B	N	H	L	G	T	K	X	H	J	A	P	P	L	E	U
E	L	F	Q	B	H	B	V	U	P	H	J	G	J	P	G	R	D	K	F

Pigs-in-a-Blanket Recipe



Good appetizer for gatherings!

Ingredients:

- 1 tube crescent rolls
- 1 package mini cocktail weiners
- 4 Tbsp melted butter
- Salt

Instructions

1. Preheat oven to **375 degrees**
2. On a floured surface, **roll out** crescent dough into triangles.
3. **Cut** each triangle into **3 small triangles**.
4. Place one cocktail wiener on each triangle.
5. **Roll** the dough over the wiener.
6. **Place** onto a greased **cookie sheet**.
7. **Brush** with melted butter and **sprinkle** with salt.
8. **Bake 12-15 minutes** until **golden**.
9. Can be served with **Ketchup**