

Aphasia Café
Newsletter
March 2022



aphasia
nova scotia



Lawrencetown Beach, Nova Scotia, March 2020

Table of Contents

Aphasia Café Updates.....	2
Future Aphasia Café Information.....	3
Research Opportunity at Dalhousie University.....	4
Five Pieces of GOOD NEWS from February.....	5
Mardi Gras Photos.....	6
Mardi Gras Word Search.....	7
Mardi Gras Word Search List.....	8
Mardi Gras Word Search Answers.....	9
Waffle Recipe.....	10

February Aphasia Café Updates

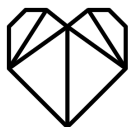
February Online Aphasia Café

Our **online Aphasia Café** was held on **February 15th, 2022**. The theme was **Valentine's Day**.

Three people attended.



We played **family feud**



We made **origami hearts**

Future Aphasia Café Information

There will be an online aphasia cafe on **March 16th at 6pm**. The theme will

be **St. Patrick's Day**



Here is the zoom link:

<https://us02web.zoom.us/j/83074578393>



Annapolis Valley will have an **in-person Aphasia Cafe** in March, if people are interested. Please **contact Mike** for more details.

There will continue to be **no in-person events in Halifax, Dartmouth, Antigonish, Sydney** at this time.



Research Opportunity at Dalhousie University

Jill Fennell is one of the **neuroscience students** of Dr. Aaron Newman.

She has a **project that needs your help!** They are interested to speak to

SLPs and people with **aphasia who participate in online group**

therapies. If you are interested, please **reach out to Jill** at

JFennell@dal.ca.



Five Pieces of GOOD NEWS From February

1. Dad from Illinois gets tattoo to match his 4 year old daughter's heart

surgery scar.



2. Long lost brothers in United States are reunited after one sees the

other interviewed on TV for a weather report.



3. 8 year old boy writes a book and slips it on a shelf at his local library.

The book becomes an instant success!



4. Food delivery woman in Georgia saves man from a gas leak.



5. Boy from Dallas, loses teddy bear at airport 1000 miles from home.

Thanks to Facebook, the boy and his bear are reunited 3 months

later! The airport and airline even arranged for the boy to fly down to

get the bear, rather than putting it in the mail!



Mardi Gras is March 1st 2022



Mardi Gras Word Search

F	N	G	W	S	S	I	P	E	Q	D	M	A	R	D	I	G	R	A	S
N	F	L	P	V	Q	K	B	U	F	T	G	M	Q	U	P	B	P	R	C
G	M	E	Y	G	A	S	H	W	E	D	N	E	S	D	A	Y	L	X	X
L	F	N	R	N	G	E	R	S	C	L	L	K	L	K	A	A	I	S	X
K	R	T	A	M	A	B	D	D	B	O	H	V	T	L	L	D	X	P	L
G	F	N	B	O	T	H	M	D	Z	A	S	R	J	R	B	S	S	J	C
C	R	F	P	C	U	O	P	Q	N	Q	D	T	C	Z	K	G	C	J	C
U	S	J	Y	D	L	A	V	I	N	R	A	C	U	B	K	N	V	N	S
S	D	B	Y	Q	T	Z	Q	I	P	A	D	T	E	M	P	I	V	C	K
N	A	T	Z	R	B	S	G	H	C	E	F	E	Q	H	E	K	E	W	W
T	E	Z	J	K	E	J	W	Q	S	K	M	Z	S	Y	Z	E	F	Z	Y
P	B	Y	A	D	E	K	A	C	N	A	P	I	N	P	M	E	W	W	T
J	A	I	Q	P	H	T	C	X	E	M	U	I	A	U	A	R	T	Q	N
V	Y	R	P	S	Z	N	W	C	J	M	F	F	E	W	F	H	E	Z	E
Y	K	F	A	T	T	U	E	S	D	A	Y	P	L	E	S	T	S	Z	K
K	S	Z	G	D	T	A	A	H	Q	R	J	F	R	L	S	I	Y	C	S
E	F	C	G	L	E	C	O	D	Y	C	W	L	O	P	P	X	Z	F	A
V	R	S	Z	O	R	K	N	L	J	H	Z	R	W	L	Z	U	W	V	M
Z	Y	K	P	G	D	J	Z	K	F	R	Q	O	E	Y	Z	C	K	F	Q
L	J	S	A	S	R	N	W	K	D	I	M	S	N	E	J	T	B	U	L

Mardi Gras Word Search List

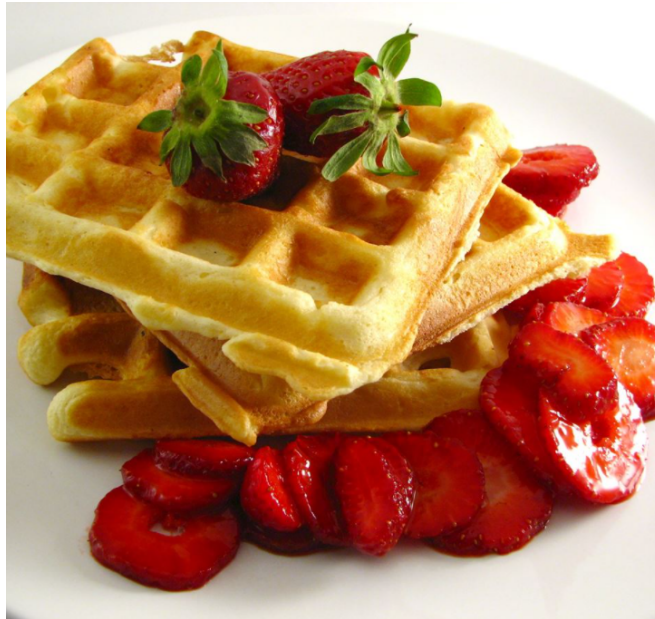
Mardi Gras	Mask
Fat Tuesday	Lent
New Orleans	March
Ash Wednesday	Epiphany
Pancake Day	Parade
Three Kings Day	Floats
Carnival	Beads
Costume	Gold

Mardi Gras Word Search Answers

F	N	G	W	S	S	I	P	E	Q	D	M	A	R	D	I	G	R	A	S
N	F	L	P	V	Q	K	B	U	F	T	G	M	Q	U	P	B	P	R	C
G	M	E	Y	G	A	S	H	W	E	D	N	E	S	D	A	Y	L	X	X
L	F	N	R	N	G	E	R	S	C	L	L	K	L	K	A	A	I	S	X
K	R	T	A	M	A	B	D	D	B	O	H	V	T	L	L	D	X	P	L
G	F	N	B	O	T	H	M	D	Z	A	S	R	J	R	B	S	S	J	C
C	R	F	P	C	U	O	P	Q	N	Q	D	T	C	Z	K	G	C	J	C
U	S	J	Y	D	L	A	V	I	N	R	A	C	U	B	K	N	V	N	S
S	D	B	Y	Q	T	Z	Q	I	P	A	D	T	E	M	P	I	V	C	K
N	A	T	Z	R	B	S	G	H	C	E	F	E	Q	H	E	K	E	W	W
T	E	Z	J	K	E	J	W	Q	S	K	M	Z	S	Y	Z	E	F	Z	Y
P	B	Y	A	D	E	K	A	C	N	A	P	I	N	P	M	E	W	W	T
J	A	I	Q	P	H	T	C	X	E	M	U	I	A	U	A	R	T	Q	N
V	Y	R	P	S	Z	N	W	C	J	M	F	F	E	W	F	H	E	Z	E
Y	K	F	A	T	T	U	E	S	D	A	Y	P	L	E	S	T	S	Z	K
K	S	Z	G	D	T	A	A	H	Q	R	J	F	R	L	S	I	Y	C	S
E	F	C	G	L	E	C	O	D	Y	C	W	L	O	P	P	X	Z	F	A
V	R	S	Z	O	R	K	N	L	J	H	Z	R	W	L	Z	U	W	V	M
Z	Y	K	P	G	D	J	Z	K	F	R	Q	O	E	Y	Z	C	K	F	Q
L	J	S	A	S	R	N	W	K	D	I	M	S	N	E	J	T	B	U	L

Waffle Recipe

March 25th is **Waffle Day** in Sweden!



Ingredients

2 cups All Purpose **Flour**

1 teaspoon **salt**

4 teaspoons **baking powder**

2 tablespoons **white sugar**

2 **eggs**

1 ½ cups **warm milk**

⅓ cup **butter, melted**

1 teaspoon **vanilla extract**

Directions

1. In a large bowl, mix **flour, salt, baking powder and sugar. Pre-heat** waffle iron.
2. In small bowl, beat the **eggs**. Stir in **milk, melted butter, and vanilla**.
3. Pour the liquid mixture into the flour mixture. **Beat until blended**.
4. Ladle the batter into the waffle iron. **Cook until golden and crispy**.
5. **Serve** with your choice of **toppings**.

My favourite toppings are raspberries, whipped cream, and nutella.

What are yours?!