

**Aphasia Café
Newsletter
August 2022**



aphasia
nova scotia



Wild Blueberry Field, Wentworth, Nova Scotia

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July Aphasia Café Updates

July Online Aphasia Café

There was no **online Aphasia Café** in **July**.

June and July Annapolis Valley Aphasia Café Events

Annapolis Valley Aphasia Café was held on **June 26th**. They met at the **Research Centre** in **Kentville**. **8 people** attended.

They had a **variety of food**, including:

- Strawberries 

- Biscuits and cream

- Meats 

- Cheese

- Salads 

They **discussed new housing** and **buildings**. They also **discussed homes** from **many moons ago**. They **learned a lot** from one another.

Thank you all for attending.

There was **no Annapolis Valley Café** in **July**.

Future Aphasia Café Information

There will be a **Virtual Aphasia Café** on **August 17th** at **6pm**. The theme is **summer**.

The **Zoom information** is included below:

Link: <https://us02web.zoom.us/j/84375383441>



The **August Annapolis Valley Aphasia Café** will be on **August 6th**. It will be held at **Bonnie and Reid's cottage**. They will have a:

- **Smoker** to **cook meat**, and Bonnie is making **salad**. Feel free to **bring desserts**.
- There will be **kayaks** and a **canoe** to **use** as well.

For more **information**, please **reach out** to **Mike** directly, or **contact** **AphasiaNS@gmail.com**

There will continue to be **no in-person events** in **Halifax, Dartmouth, Antigonish, Sydney** at this time.




Research Opportunity at Dalhousie University

Aaron J. Newman is looking for **participants** who have **Aphasia** for a **new research study**. They are **testing new software** to **help** those with **Aphasia**. The study will **help with naming items** you struggle with. If you are **interested**, please out to **Aaron** at aaron.newman@dal.ca.


Do you have aphasia?

VOLUNTEERS NEEDED

- We need **you** to **test an online program** designed to **help** with **aphasia**.
- This study will provide **practice on naming items** you **struggle** with.



This is an **online study**




You will receive up to **\$170**

Day 1 - 6
Language
testing


Day 7-15
Online
Word
Training

Day 16-17
Language
Testing


You can **participate** if you:




1. Have an **internet connection**



2. Have had **aphasia** for at least **6 months**




3. **Speak English**



4. Have **normal vision**, glasses, or contacts

If you are **interested**, send us an **email** at:



APHASIA_STUDY@NCILAB.CA

...and ask for **Francesco**

This study is directed by Prof. **Aaron J. Newman**
 NeuroCognitive Imaging Lab
aaron.newman@dal.ca

REB # 2021-5789



International Research Opportunity

Claire Bennington is a **speech pathologist** from the **United Kingdom**.

She is currently the **Deputy Chair of the Australian Aphasia Association** and a **PhD student** at the **University of Queensland**. She is currently **looking for participants who live with Aphasia**.

Here is the link:

- https://uniofqueensland.syd1.qualtrics.com/jfe/form/SV_4JyOIBYES2tj2Qe



Invitation to complete an international survey about Aphasia Awareness

People with **lived experience of aphasia** from **any country**
(People with aphasia, Family members, Friends, Carers)

- are **invited** to complete an **international survey**
- the survey is about **Aphasia Awareness**
- the survey has **ethical approval** from the University of Queensland



To **access the survey**, please:

- **click this link:** https://uniofqueensland.syd1.qualtrics.com/jfe/form/SV_4JyOIBYES2tj2Qe

Or

- **scan this QR code:** 





THE UNIVERSITY OF QUEENSLAND AUSTRALIA
CREATE CHANGE

? If you have any questions, please email **Claire Bennington:**  c.bennington@uq.net.au

Five Pieces of GOOD NEWS From July

1. An incredibly **rare orange lobster** was **saved** from being cooked by a restaurant in **Hollywood, Florida**. The lobster was given the name “**Cheddar**” and now **lives** at **Ripley’s Aquarium** in Florida.



2. A **village** in **Britain** decided to plant **wildflowers** along the **roadside** to **slow down drivers** from speeding. The roadside now looks beautiful for community members and people driving through.

3. Two **best friends** in **Lincoln, UK** have met every year to take **photo booth pictures together**. This year they are **celebrating** their **50th anniversary** of taking these photos.



4. A **D-Day pilot** turned **102 years** old on July 20th. He claims the key to a long life is **art, music, food and fine wine**.

5. A **dog escaped** its home in West Sussex and **returned** a few days later with a **Dog Show Ribbon**. The dog was entered in a dog show by a stranger before they searched for the dog’s owners on facebook.

Anchor Colouring Page



Canadian Trivia

- 1. Which fruit does Canada export the most?**
 - a. Apples
 - b. Blueberries
 - c. Raspberries
 - d. Cranberries

- 2. How many time zones does Canada have?**
 - a. 4
 - b. 5
 - c. 6
 - d. 7

- 3. Which city has the most restaurants per capita in Canada?**
 - a. Victoria, BC
 - b. Halifax, NS
 - c. Winnipeg, MB
 - d. Montreal, QC

- 4. Which city is home to the first North American YMCA?**
 - a. Edmonton, AB
 - b. Vancouver, BC
 - c. Montreal, QC
 - d. Toronto, ON

- 5. Which province has the tallest mountain in Canada?**
 - a. British Columbia ----- Mount Robson
 - b. British Columbia ----- Mount Waddington
 - c. Montreal ----- Mont Royale
 - d. Yukon ----- Mount Logan

Canadian Trivia Answers

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Nova Scotia Word Search

X	V	P	H	T	S	E	Y	N	S	Y	L	Y	L	L	P	N	M	X	G
B	U	E	M	S	I	D	H	Y	M	M	P	I	C	T	O	U	T	E	E
I	P	Q	N	R	I	J	D	T	A	Z	K	R	K	P	A	R	Y	D	G
B	J	A	Y	B	M	N	R	H	U	D	Q	E	P	P	U	H	K	Z	C
U	C	M	X	J	E	B	O	A	H	T	U	O	M	R	A	Y	X	X	Q
R	H	D	I	Y	Y	N	X	G	Z	E	A	B	O	G	N	R	E	U	J
U	E	I	T	T	E	C	D	S	I	M	T	K	N	D	V	H	A	O	D
U	S	G	N	B	M	B	Q	S	H	T	Z	M	C	L	C	P	S	W	R
P	T	B	A	Z	K	W	H	E	V	Y	N	A	D	U	E	W	X	J	H
V	E	Y	O	V	E	X	R	U	T	B	E	A	O	H	L	K	A	J	D
V	R	X	D	R	V	S	G	H	O	W	O	G	S	A	L	G	W	E	N
A	V	A	U	M	T	L	O	R	T	J	A	P	B	Z	I	V	N	C	T
A	U	F	V	I	O	F	O	K	I	M	U	I	K	D	V	U	W	B	S
K	L	I	R	P	T	B	H	H	A	P	G	T	N	D	F	L	Z	Y	S
M	W	L	O	V	S	W	L	T	R	D	H	L	K	L	L	M	C	L	M
N	C	A	T	R	Z	H	A	A	P	D	Q	N	N	R	O	Y	L	O	U
S	W	H	R	O	B	T	N	Z	M	I	E	Y	J	N	W	G	H	D	J
S	C	A	C	A	U	C	F	Q	Z	C	U	D	S	W	P	R	L	F	H
T	P	L	U	N	E	N	B	U	R	G	S	R	H	N	B	S	A	B	E
U	Y	N	U	T	V	Y	Q	R	L	L	E	C	F	L	E	H	D	J	F

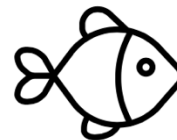
Nova Scotia Word Search List

Amherst



Antigonish

Chester



Digby

Halifax

Lunenburg



Mahone Bay

New Glasgow

Parrsboro



Pictou

Sydney

Tatamagouche



Truro

Wolfville

Yarmouth



Nova Scotia Word Search Answers

X	V	P	H	T	S	E	Y	N	S	Y	L	Y	L	L	P	N	M	X	G
B	U	E	M	S	I	D	H	Y	M	M	P	I	C	T	O	U	T	E	E
I	P	Q	N	R	I	J	D	T	A	Z	K	R	K	P	A	R	Y	D	G
B	J	A	Y	B	M	N	R	H	U	D	Q	E	P	P	U	H	K	Z	C
U	C	M	X	J	E	B	O	A	H	T	U	O	M	R	A	Y	X	X	Q
R	H	D	I	Y	Y	N	X	G	Z	E	A	B	O	G	N	R	E	U	J
U	E	I	T	T	E	C	D	S	I	M	T	K	N	D	V	H	A	O	D
U	S	G	N	B	M	B	Q	S	H	T	Z	M	C	L	C	P	S	W	R
P	T	B	A	Z	K	W	H	E	V	Y	N	A	D	U	E	W	X	J	H
V	E	Y	O	V	E	X	R	U	T	B	E	A	O	H	L	K	A	J	D
V	R	X	D	R	V	S	G	H	O	W	O	G	S	A	L	G	W	E	N
A	V	A	U	M	T	L	O	R	T	J	A	P	B	Z	I	V	N	C	T
A	U	F	V	I	O	F	O	K	I	M	U	I	K	D	V	U	W	B	S
K	L	I	R	P	T	B	H	H	A	P	G	T	N	D	F	L	Z	Y	S
M	W	L	O	V	S	W	L	T	R	D	H	L	K	L	L	M	C	L	M
N	C	A	T	R	Z	H	A	A	P	D	Q	N	N	R	O	Y	L	O	U
S	W	H	R	O	B	T	N	Z	M	I	E	Y	J	N	W	G	H	D	J
S	C	A	C	A	U	C	F	Q	Z	C	U	D	S	W	P	R	L	F	H
T	P	L	U	N	E	N	B	U	R	G	S	R	H	N	B	S	A	B	E
U	Y	N	U	T	V	Y	Q	R	L	L	E	C	F	L	E	H	D	J	F

Summer Punch Recipe



Ingredients:

- 4 cups **cranberry juice**
- 2 cups **pineapple juice**
- 1 cup **frozen lemonade concentrate**
- 4 cups **ginger ale**
- 3 cups **ice cubes**
- **Sliced fruit** (orange, kiwi, strawberries, etc.)

Instructions

1. **Combine** all ingredients in a **large bowl**.

Serves about 12 people